

Iyengar Yoga Workshop

with Laurie Blakeney

January 6 - 8 \$185

Laurie Blakeney is the director of the Ann Arbor School of Yoga in Michigan. She began her Iyengar Yoga studies in 1971, and has studied annually in Pune, India since 1983. Laurie holds an Advanced Level teaching certificate granted by B.K.S. Iyengar. She also has a BA in comparative religions, and a not so long ago career as a piano tuner/technician.

Laurie brings to her classes a uniquely personal and direct style of teaching, challenging students while helping them to enjoy exploring their potential. She is well loved for her artistic and philosophical considerations while staying true to the precision we know to be a cornerstone of the Iyengar method.

Registration

Send \$25 nonrefundable, nontransferable deposit or payment in full with your name, address, phone number and email to the address below. Please respect our refund policy: no refunds will be given for cancellations less than one week prior to the workshop. For additional information, please call or visit us on the web: www.jlyc.com

Hours

Friday, January 6 6:00 - 8:00 pm
Saturday, January 7 10:00 am - 1:00 pm & 3:00 - 5:00 pm
Sunday, January 8 1:00 - 4:00 pm



The B.K.S. Iyengar Yoga Center of Portland

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