

**Iyengar Yoga Retreat at Villas Shanti
Puerto Morelos, Yucatan, Mexico
Feb. 27th - March 6th, 2010**

**Ann Arbor School of Yoga
420 W. Huron St
Ann Arbor, MI 48103
<http://www.annarborschoolofyoga.com/>
+1 734.663.7612**

REGISTRATION: (Please print clearly)

Name: _____

Address: _____

Phone: _____

Email: _____

Arrival flight number and time
(let me know when you know)

Amount paid: _____

Check #: _____

EMERGENCY CONTACT:

Name: _____

Relationship: _____

Address: _____

Phone: _____

Email: _____

- Request single occupancy
- Roommate request:

Please print and return first sheet with your payment. This sheet is for your information.

FEES:

\$1250 double occupancy (each person)

\$1650 single occupancy.

\$500 deposit will hold your place, with remainder due by **February 1st**.

Cancellations requests before February 1st will be charged \$50 fee.

If you would like to travel with a person not attending yoga classes, cost is less \$250.

Check payable to and mailed to:

Ann Arbor School of Yoga

420 W. Huron

Ann Arbor, MI 48103

GENERAL INFORMATION:

Daily Schedule: Poolside tapas snacks served Saturday afternoon, Feb. 27th, when you arrive. Classes begin Sunday morning Feb. 28th. We will have classes in the mornings from 8:30-11 or so and again in the evening from 4:30-6:15. One afternoon will be off during the week for touring the nearby areas or enjoying your own personal brand of leisure. Brunch will be served each day after morning class. Classes will end on Friday afternoon Mar. 5th, with a farewell dinner that evening. Check out Saturday morning, March. 6th by 11 am.

Other Meals: Town markets offer fresh groceries for those who like to cook. The restaurants are quite good, clean, and convenient for those who prefer to eat out.

Travel: Fly into the Cancun airport. Laurie will try to connect you via email with someone who is flying in at about the same time. As you come out of the customs area you will see a taxi booth where you can buy a ticket for a group taxi to Puerto Morelos. You will need approximately \$12 airport tax on departure. You must have an American Passport to enter Mexico.

What to Bring: Sweater, beach towels, (our hosts supply towels for your room only), sun hat, sunscreen, mosquito repellent, walking shoes, flashlight, snorkeling equipment, iodine wash, whatever food you can't live without.